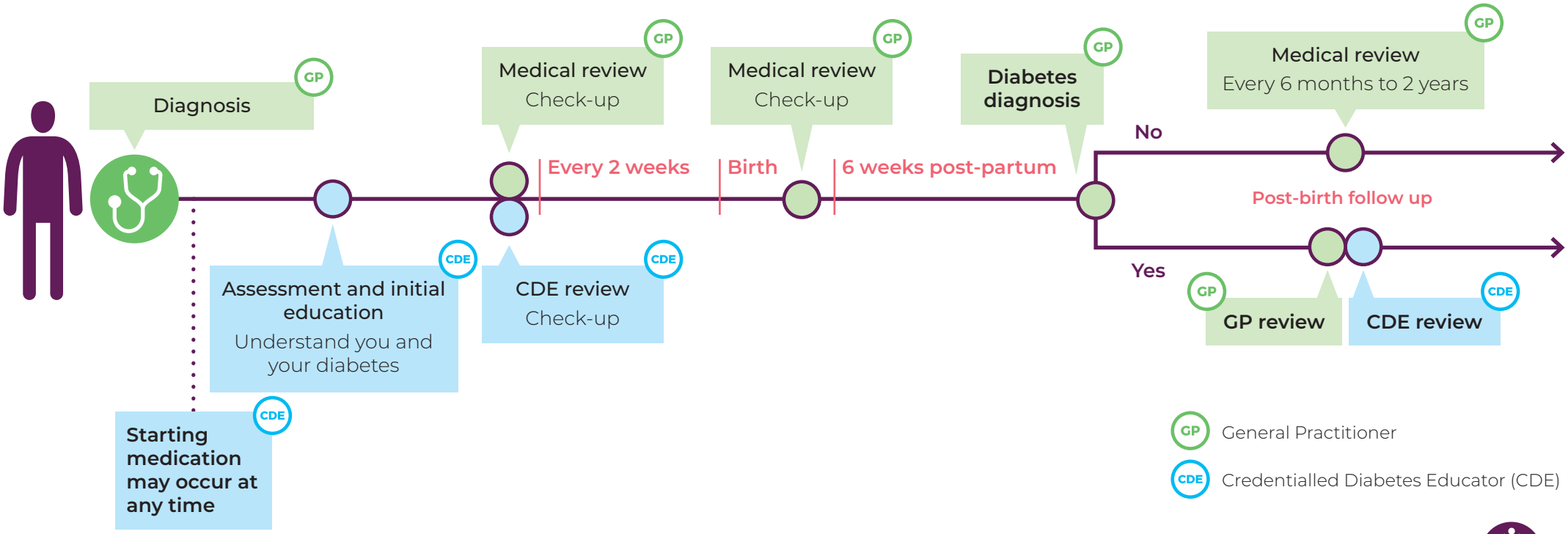
Your Diabetes Care Pathway
For people living with gestational diabetes

You will have ongoing checks with your GP/antenatal clinic and referrals made to specialist Diabetes Care Team members as needed



Contact your CDE anytime, including if:

- changes in your personal life
- you need general advice or support
- changes in your health care needs/ medication

Your Diabetes Care Team members

Family and/or Carers

Other support networks

Primary Care Nurse

Obstetrician

Midwife CDE

Endocrinologist/Diabetes Physician: referral by GP if required

Dietitian: food and nutrition advice including supplements and foods to avoid during pregnancy

Exercise Physiologist/Physiotherapist: tailored exercise program

Pharmacist: advice for taking medications/supplements during pregnancy

Psychologist/Counsellor/Social Worker: mental health support

Interpreter

Aboriginal and Torres Strait Islander Health Worker/Practitioner/Elder

For more information and to find a CDE visit: www.adea.com.au

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