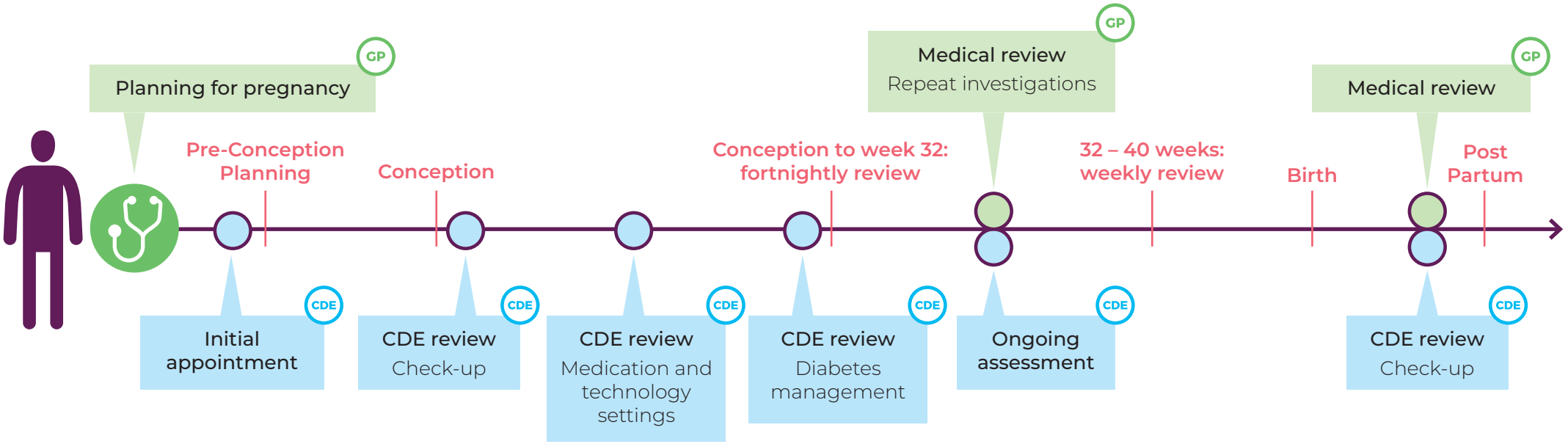
Your Diabetes Care Pathway

For pregnancy with pre-existing diabetes

You will have ongoing checks with your GP / Endocrinologist and Obstetric team



GP General Practitioner

CDE Credentialled Diabetes Educator (CDE)

Contact your CDE anytime, including if:

- changes in your personal life
- you need general advice or support
- changes in your health care needs/ medication

Your Diabetes Care Team members

Family and/or Carers

Other support networks

Obstetrician

Midwife/CDE

Dietitian: food and nutrition advice including supplements and foods to avoid during pregnancy

Exercise Physiologist/Physiotherapist: tailored exercise program

Primary Care Nurse

Podiatrist: foot education and examination

Optometrist/Opthalmologist: comprehensive eye examinations (at least every 2 years)

Pharmacist: advice for taking medications/ supplements during pregnancy

Psychologist/Counsellor/Social Worker: mental health support

Interpreter

Aboriginal and Torres Strait Islander Health Worker/Practitioner/Elder

For more information and to find a CDE visit: www.adea.com.au

VERSION 2-June 2023